



# BOW VALLEY COMMUNITY WEEK

## Community Week Event Ideas

Here's a few ideas to help ignite your brainstorm session.

💡 See this lightbulb icon for a few of our favorite recommendations.

### Events to Connect Across Cultures

- Human Library: Story-sharing
- Speed-friending
- Multilingual tours of your workplace or neighbourhood
- Newcomer welcome and orientation session for business or organization
- Neighbourhood block party
- 💡 Language exchange: Newcomers bring many rich experiences, hidden talents, and vibrant cultures to communities. Sharing the many languages of residents across the Bow Valley with friends and team members is a great way to celebrate diversity and create connection.

### Business & Economic Development Events

- Networking event with entrepreneurs of diverse backgrounds
- Multicultural or multi-generational mentoring program
- Tour of local immigrant-owned small businesses
- Skill development lab
- Leadership mini masterclass
- Cross-cultural lunch and learn


### Arts, Culture, & Food

- 💡 Cultural potluck lunch: Food is a great way to connect across cultures. For ideas and support, contact the [Bow Valley Food Alliance](#).
- Art exhibition by diverse local artists
- Pop-up folk dance performances
- Multicultural movie night and discussion
- Heritage exhibition and celebration
- Cooking demonstration with a foreign-trained chef
- Book club featuring immigrant authors or books related to immigration
- Music showcase from around the world
- Open mic night
- Traditional food experiences (ex. Japanese tea ceremonies)

### Nature & Recreation

- Clean up a local area or trail; make it social 😊
- Walking tour of local agencies around town
- Nature walk
- Neighbourhood scavenger hunt
- Interactive public art station for kids
- Community gardening workshop


## Nature & Recreation (continued)

-  Sporting 'try-it' event:  
This is a great activity to connect long-time residents with newcomers in a social recreation opportunity. For collaboration opportunities, contact [Town of Banff Recreation](#) or the [Community Connections team](#).
- Board games night
- Fireside chats

## Civic Engagement

- Open house event showcasing activities and volunteer opportunities
- Informational event about voting rights
- Cultural panel discussion with Q&A

## Virtual Events

-  Collaborative open house: partner with other organizations:  
Host an online meeting where newcomers can meet representatives from different agencies.  
[Contact BVIP for support](#)
- Online film screening with satellite watch parties and discussion
- Storytelling roundtable
- Virtual folk-dance lesson
- Live-streamed concert
- Multicultural trivia
- Follow-along multicultural craft projects with do-it-yourself craft kit